



BE THE CHANGE

High School Lesson Plan



GAMECHANGER

**ONE
PILL CAN
KILL**

WEST VIRGINIA LEGISLATURE

2024 REGULAR SESSION

Committee Substitute

For

House Bill 5540

By Delegates Stephens, Toney, Sheedy, Ellington, Barnhart, Hite, Willis, Rohrbach, Dittman and Lewis

[Originating in the Committee on Education. Reported on February 15, 2024]

Be it enacted by the Legislature of West Virginia:

ARTICLE 34, LAKEN'S LAW Signed March 28, 2024, and Became Law May 30, 2024

~~18034-1. Laken's Law

- (a) The Fentanyl Prevention and Awareness Education Act of "Laken's Law" would help prevent overdose deaths in teens and young adults to fentanyl and fentanyl components. This shall be accomplished through education of students in grades 6-12 in all public schools and be mandated annually using the following methods.
- (1) Students will be taught about fentanyl, heroin, and opioid awareness, prevention and abuse.
 - (2) Students will be instructed in the life-saving use of NARCAN.
 - (3) Students will be instructed on the prevention of the abuse of and the addiction to fentanyl.
 - (4) Students will be instructed on available state and community resources and organizations that work to prevent and reduce youth substance use.
 - (5) Students will receive health education covering issues of substance abuse and youth substance abuse in particular.

This mandatory instruction will begin in the 2024-2025 school year.

Questions may be directed to:



Kim Legg

Director of Program Implementation

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THE ONE PILL CAN KILL CAMPAIGN

In 2023, DEA seized more than 80 million fentanyl-laced fake pills and nearly 12,000 pounds of fentanyl powder. The 2023 seizures are equivalent to more than 381 million lethal doses of fentanyl.

This campaign offers an opportunity for the media, parents, teachers, educators, and community organizations to raise awareness about counterfeit prescription drugs. GameChanger is proud to partner with the DEA on this important work.

TITLE OF LESSON: ONE PILL CAN KILL

GRADE LEVEL: 9-12

LEARNING TARGETS: Students will be able to:

- State the dangers of taking substances that are not prescribed to them
- Identify facts around fentanyl and other opioids
- Explain the dangers of opioids
- Identify healthy alternatives to using substances

This lesson is designed to be utilized in conjunction with the One Pill Can Kill video.

WVBE CCR STANDARDS FOR WELLNESS EDUCATION:

- **HE.7** – Analyze how personal health behaviors/choices affect the function of body systems in preventing premature death (*e.g. lifestyle choices, chronic disease*).
- **HE.18** – Identify potentially harmful situations and devise strategies and develop skills to avoid such situations through refusal, negotiation, and collaboration skills (*e.g., violence and abuse situations, peer mediation, conflict resolution, support groups, “I” statements*).
- **HE.22** – Evaluate mechanisms and decision making processes to formulate alternatives to health-related issues or problems (*e.g., refusal skills, defense/coping mechanisms*).
- **HE.36** – Present on the dangers of opioid use, the addictive characteristics of opioids, and explore safer alternatives to treat pain.
- **HE.37** – Use written, audio/visual, and technology communication methods to express health messages.
- **HE.38** – Demonstrate the ability to adapt health messages to characteristics of a particular audience.

WVBE CCCR STANDARDS FOR STUDENT SUCCESS:

DSS.9-12.5 Decision Making and Personal Responsibility

- Analyze the relationship between behaviors, choices, and consequences and apply a decision-making model to achieve desired goals.
- Develop and implement action plans to attain personal, school, and civic goals.
- Utilize problem solving techniques to generate alternatives and address changes to attain goals.
- Identify possible long term consequences of decisions and take responsibility to achieve desired goals.

MATERIALS & RESOURCES: *(Use ctrl + click to open the following links)*

[Home - One Pill Can Kill \(gamechangerusa.org\)](https://www.gamechangerusa.org/)
[Teacher Resources | DEA.gov](https://www.dea.gov/)
[Drug Fact Sheet: Fentanyl \(getsmartaboutdrugs.gov\)](https://www.getsmartaboutdrugs.gov/)
[DEA-OPCK_FactSheet_September_2023-rdf.pdf](#)
[Opioid Misuse PowerPoint](#)
[Opioid Digital Lesson Pdf](#)
[Lifesaving Naloxone | Stop Overdose | CDC](https://www.cdc.gov/od/oc/opioidepi/stopoverdose/)

STATE AND LOCAL PREVENTION RESOURCES:

[GameChanger - Prevention Education \(www.gamechangerusa.org\)](https://www.gamechangerusa.org/)
[Help & Hope WV - Prevention in Your Region \(www.helpandhopewv.org\)](https://www.helpandhopewv.org/)
[Stigma Free WV - Prevention Information \(www.stigmafreewv.org\)](https://www.stigmafreewv.org/)

LEARNING PLAN:

- Utilize the Operation Prevention Opioid Digital Lesson in conjunction with the Operation Prevention Opioid Misuse Power Point to introduce the facts and dangers of opioids.
 - Pass out the One Pill Can Kill Discussion Questions companion sheet and show the One Pill Can Kill Video to students. Encourage the students to take notes during the video utilizing the One Pill Can Kill companion sheet.
 - After showing the One Pill Can Kill Video use the following questions to engage students into a deep discussion about what they just watched. This can be done as a whole group or students can be broken into groups, pairs, to discuss these questions and they report back to the whole group.
 - Watch the Lifesaving Naloxone video from the CDC.
 - Discuss list of state and local resources with students.
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Discussion Questions: (Worksheet Attached)

1. What is something from the video you learned that you did not know already about opioids/fentanyl?
 2. How is this video different than other information you might have seen about opioids/fentanyl?
 3. What are some alternatives to using opioids/fentanyl?
 4. What are the addictive qualities of opioids?
 5. What are the harmful impacts of opioid/ fentanyl misuse?
 6. What is a refusal strategy you can use if you are in a situation and someone is offering you opioids/ fentanyl or another harmful substance?
- Pass out the Fentanyl Drug Fact Sheet as well as the Department of Justice Fake Pills Fact Sheet.
 - Review the Fentanyl Drug Fact Sheet as well as the Department of Justice Fake Pills Fact Sheet and ask students to provide you with some “take aways” from the documents.
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CULMINATING ACTIVITY 1: ONE PILL CAN KILL GROUP PROJECT

Divide students into groups. Based on information gained from the One Pill Can Kill video, as well as facts sheets provided, and the Operation Tool Kit lesson, students will develop a Public Service Announcement explaining the dangers of opioids/fentanyl. Students may choose if they are developing this Public Service Announcement for their peers, for adults, or for a younger audience, and should consider how their messaging would be different based on their audience. The Public Service Announcement will include up to date data about fentanyl, discuss the addictive nature of opioids, and provide other alternatives for healthy highs or in the use of treating pain. Public Service Announcement will be up no longer than 5 minutes in length.

CULMINATING ACTIVITY 2: ONE PILL CAN KILL ESSAY

Students will develop a poster or write an essay about the dangers of opioids/fentanyl based on the One Pill Can Kill Video, as well as fact sheets, the Operation Tool Kit lesson, and other reputable resources. Essay will cover up to date data about fentanyl, discuss the addictive nature of opioids, and provide alternatives for healthy highs and/or alternatives to treating pain.

**ONE
PILL CAN
KILL**



STUDENT NAME: _____

PERIOD/BLOCK: _____

DISCUSSION QUESTIONS

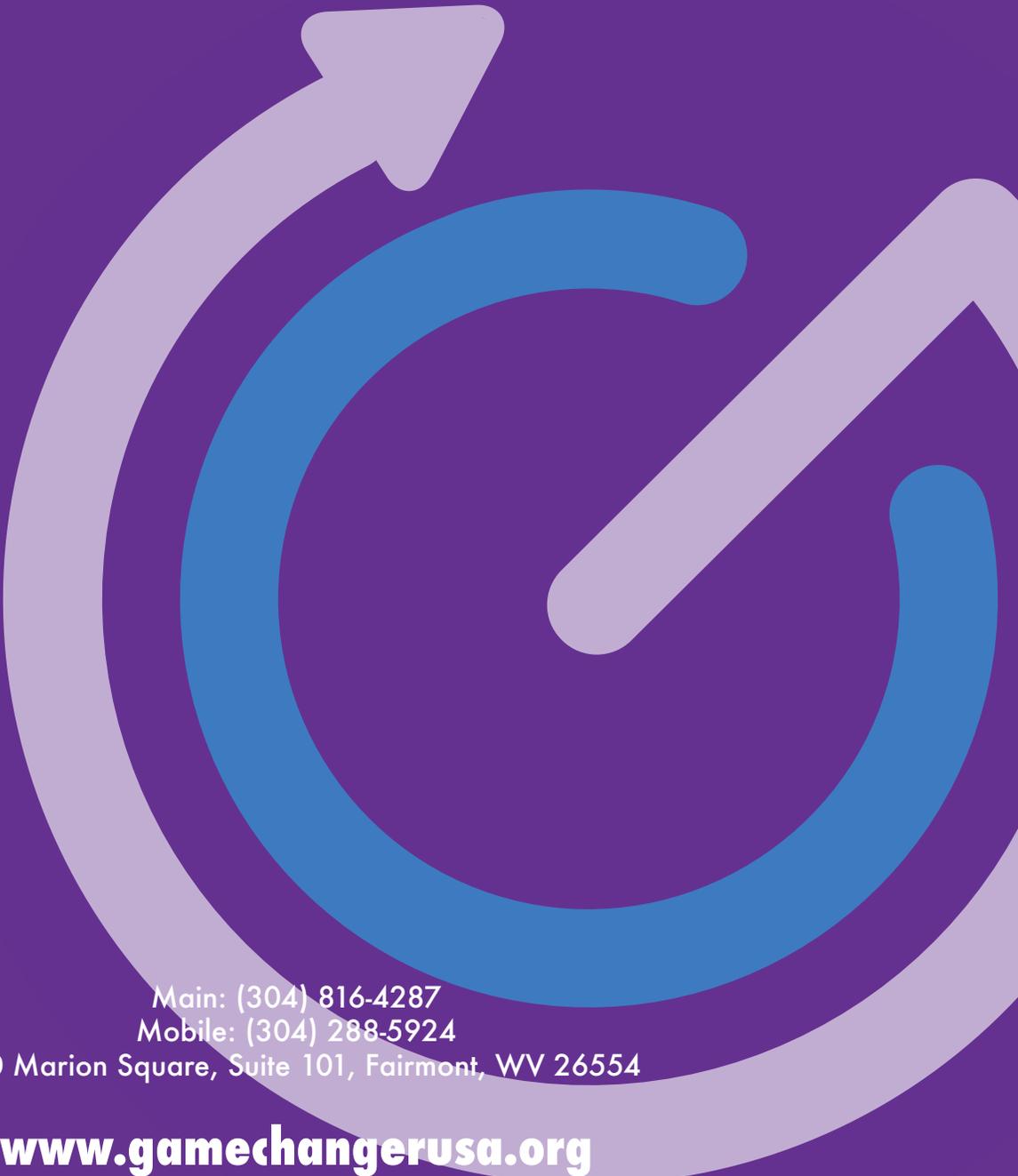
What is something from the video you learned that you did not know already about opioids/ fentanyl?

How is this video different than other information you might have seen about opioids/ fentanyl?

What are some alternatives to using opioids/ fentanyl?

What are the harmful impacts of opioid/ fentanyl misuse?

What is a refusal strategy you can use if you are in a situation and someone is offering you opioids/ fentanyl or another harmful substance?



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